



## AUGUST 2016 NEWSLETTER

All our events can be booked via our website [www.faithinolderpeople.org.uk](http://www.faithinolderpeople.org.uk)

*FAITH IN OLDER PEOPLE IS A SMALL VOLUNTARY ORGANISATION WHICH AIMS to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care. WE DO THIS THROUGH TRAINING, EVENTS, RESEARCH, PROJECTS AND CONSULTATION.*

In addition to these events we also offer the possibility of tailor-made courses.  
IF YOU WOULD LIKE TO DISCUSS THIS, PLEASE CONTACT ME AT  
[director@fiop.org.uk](mailto:director@fiop.org.uk) or telephone 0131 346 7981.

## FIOP FORTHCOMING EVENTS

### **FAITH IN OLDER PEOPLE AND METHODIST HOMES JOINT CONFERENCE CULTURAL DIVERSITY, FAITH AND DEMENTIA**

A critical examination of the place of religious faith in supporting the well-being of people with dementia

**Wednesday, 23<sup>rd</sup> November 2016**

**Roxburghe Hotel, Charlotte Square, Edinburgh**

**Registration fee £95 including lunch**

#### **PROGRAMME**

Enjoy our keynote speakers:

#### **Drawing the threads together of spirituality, dementia and culture**

*Rev Adjunct Professor Elizabeth MacKinlay, Charles Sturt University, Australia*

#### **The Ageing Journey – perspectives from different faiths**

*Rev Dr Keith Albans, Methodist Homes*

*Naved Siddiqi, Consultant Woolf Institute, Cambridge*

*Rabbi Jonathan Wittenberg, New North London Synagogue*

#### **Dementia Friendly Faith Communities**

*Professor Mary Marshall, Hammond Care and Faith in Older People*

*Jenny Henderson, Consultant and Faith in Older People*

*contd*

Participate in our round-table discussions on developing dementia friendly faith communities. Some concessionary places available on application. To book your place, please go directly to our website booking page or write to the Office.

**OUTSIDE WORLD - A seminar led by Professor Mary Marshall**, which will give key insights into the greater spiritual aspects of our relationship with nature and what gives meaning and purpose to our lives. It will challenge our assumptions and give us new perspectives.

**Date: Wednesday 26 October 2016**

**Venue: St Mungo's Museum and Zen Gardens, 2 Castle Street, Glasgow G4 0RH**

**Cost: £25.00 (includes tea/coffee)**

*Fresh Air on my Face* (Jessica Kingsley 2012) written by Professor Mary Marshall and Jane Gilliard which is aimed at care homes, emphasising the importance of the natural world for older people and particularly people with dementia. They have also edited a new book on 'Creating culturally appropriate outside spaces and experiences for people with dementia' which forms the basis of this seminar and challenges us to consider our relationship with nature – physically, emotionally and spiritually. Being part of the wider world is intrinsic to our spiritual well-being, it gives us a sense of place and connection.

To book your place, please go directly to our website booking page or write to the Office.

**MUSIC** - an event based on the importance of music with a focus on how to enable the development of singing groups in community and residential settings

**Date: Tuesday 13 December 2016**

**Venue: St Mungo's Museum and Zen Gardens, 2 Castle Street, Glasgow G4 0RH**

**Cost: £25.00 (includes tea/coffee)**

**Led by Diana Kerr** who will introduce her guide to setting up singing groups and engage us in a practical way.

Music is important to us as a species and it can be particularly important to people with dementia. Singing in groups can improve a person's mood, recall, self-esteem and overall quality of life.

To book your place, please go directly to our website booking page or write to the Office.

**A course on 'LISTENING'** is being planned for the autumn in Dundee. Information to follow.

## **UPDATES**

### **Dementia Friendly Faith Communities**

The Working Group is continuing to develop a 'Guide' and the draft Guide has been out for consultation to a wide range of individuals and faith communities and the response has been very positive and constructive to date. FiOP wants to encompass the ideas and feedback so that we make sure that it is a helpful and constructive aid to ensuring that older people and those experiencing dementia continue to be included in their faith community and that those who provide support and worship have a stronger understanding of the needs of people with dementia and those who care for them.

The Guide will be a key element in the Conference that is being planned for November as above.

### **Spiritual Care Education in Continuing Care Units in the NHS**

FiOP is currently undertaking a small research programme in these units in collaboration with the NHS Lothian Chaplaincy. We want to find out the extent of understanding spiritual care; what training is available and how the spiritual care is delivered in these units which provide end of life care. We have been interviewing a range of staff in each setting and hope to complete the report in the early autumn. This also builds on a previous study undertaken by Helen Welsh for FiOP in 2015 in relation to care home staff which concluded that more work was required to support their education in respect of spiritual care. We are grateful to the staff in these units who have contributed to our study.

### **How can FiOP do more education and training on line?**

This is a question we have wrestled with for some time and with a small grant from the Scottish Government we have been consulting on what we might effectively do. We are in the process of turning the ideas into a pilot and will be working with a small group of individuals from care homes and congregations to design something. FiOP is pleased to be working with Lesley Greenaway and her colleagues to develop our approach.

### **Life Changes Trust**

FiOP has been participating in a working group convened by the Life Changes Trust (LCT) to develop a project which relates to spiritual care and people with dementia. We are delighted to report that our application has been successful and we will commence the work in October which includes a mapping exercise of what exists in relation to spiritual care and care homes alongside a training programme in relation to dementia and spiritual care.

## **OTHER EVENTS**

**MARIE CURIE event: Challenging Inequities in Palliative Care** on Thursday 15 September 2016. A booking form is now live on the eventbrite website - <http://www.eventbrite.com/e/challenging-inequities-in-palliative-care-tickets-26918728642>.

### **SCOTTISH PARTNERSHIP FOR PALLIATIVE CARE ANNUAL CONFERENCE**

Thursday 22 September 2016

Royal College of Surgeons of Edinburgh

<https://www.palliativecarescotland.org.uk/content/annual-conference/>

**FINAL FLING** will be running a [Death Cafe](#) at a weekend-long DeathFest at Edinburgh's Summerhall on Sunday 30 October. The festival of delights is being curated by [Mischief La Bas](#); a programme of exhibitions and performances all investigating, challenging, confronting or celebrating death. See more on our [Events](#) page.

### **DEATH, DYING AND BEREAVEMENT - Glasgow Conference**

Saturday 5 November 2016, St Stephens Church, Bath Street, Glasgow, opposite the Kings Theatre. The cost of the day is £140. Full details, and registration, is available at <https://event.iwgscotland2016.co.uk/IWGGlasgow>

**SAVE THE DATE - 7th International Conference on Ageing and Spirituality:** “Transition and Transcendence: Transforming Aging Through Spirituality”. Hosted by Concordia University Chicago’s, Center for Gerontology. June 4-7, 2017 in River Forest, IL at Concordia University Chicago

### OTHER INFORMATION

**YOUNG DEMENTIA UK** - Young Onset Dementia: Different impact, positive solutions. Birmingham Botanical Gardens 27 September 2016. For further events details and to book online for this important event, [click here](#)

**SILVER SUNDAY - Sunday 2<sup>nd</sup> October 2016** - a national day for older people which launched in 2012 to help overcome loneliness. Your event provides an opportunity for older people to try something new, meet new people and have an uplifting day. It’s also an opportunity for you to highlight the services or opportunities that are available all year round. events were organised by local organisations, businesses and community groups who donated their time and resources to make it a memorable day for all those involved. Please do let us know so we can promote your event on our website and through other channels such as newsletters, magazines and social media. The events do not need to be on **Sunday 2<sup>nd</sup> October** but can be in the weeks before or after if this works out easier for you. [CLICK HERE](#) to download event/activity form. Send completed forms to [ecaley@westminster.gov.uk](mailto:ecaley@westminster.gov.uk), and if you have any other questions please let Eva Caley know. Please also circulate details of this event to any of your contacts.  
Cllr Christabel Flight, Older People’s Champion, Westminster City Council

### BOOKS

Updated 3<sup>rd</sup> edition of good practice guidance on “Decisions relating to CPR” from the BMA, RCN and RC(UK) has been published and is available from the following link <https://www.bma.org.uk/advice/employment/ethics/ethics-a-to-z/decisions-relating-to-cpr>  
The guidance contains new good practice guidance around keeping those close to the patient informed of decision-making following the Winspear case and there is also a revised section on guidance around decision-making where the patient lacks capacity. The Scottish reviewed DNACPR policy will be released towards the end of July.

**Before I Go: The Quiz** – Practical Questions to Ask and Answer Before You Die by Jane Duncan Rogers. Only available from website – [giftedbygrief.com/products](http://giftedbygrief.com/products). Buyers will receive a link to download which can either be completed via computer or printed out and filled in by hand. The quiz is a free taste of the workbook, which you can see at <https://janedr.leadpages.co/before-i-go-quiz-opt-in/>

*Copyright © 2016 Faith in Older People, All rights reserved.*

**Our mailing address is:**  
Faith in Older People  
21A Grosvenor Crescent, Edinburgh, EH12 5EL  
Tel 0131 346 7981