



OCTOBER 2016 NEWSLETTER

FAITH IN OLDER PEOPLE is a small voluntary organisation which aims to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care. WE DO THIS THROUGH TRAINING, EVENTS, RESEARCH, PROJECTS AND CONSULTATION.

In addition to these events we also offer the possibility of tailor-made courses.
IF YOU WOULD LIKE TO DISCUSS THIS, PLEASE CONTACT ME AT
director@fiop.org.uk or telephone 0131 346 7981.

All our events can be booked via our website www.faithinolderpeople.org.uk

FORTHCOMING EVENTS

OUTSIDE WORLD - A seminar led by Professor Mary Marshall, which will give key insights into the greater spiritual aspects of our relationship with nature and what gives meaning and purpose to our lives. It will challenge our assumptions and give us new perspectives.

Wednesday 26 October 2016 - registration from 1.30pm

St Mungo's Museum and Zen Gardens, 2 Castle Street, Glasgow G4 0RH

£25.00 (includes tea/coffee)

Fresh Air on my Face (Jessica Kingsley 2012) written by Professor Mary Marshall and Jane Gilliard which is aimed at care homes, emphasising the importance of the natural world for older people and particularly people with dementia. They have also edited a new book on 'Creating culturally appropriate outside spaces and experiences for people with dementia' which forms the basis of this seminar and challenges us to consider our relationship with nature – physically, emotionally and spiritually. Being part of the wider world is intrinsic to our spiritual well-being, it gives us a sense of place and connection.

To reserve your place, please click [HERE](#) to go directly to our website booking page.

THE MALCOLM GOLDSMITH LECTURE 2016 - JACK AND JILL & THE RED POSTBOX

Thursday 27 October 2016 - registration from 1.30pm

Hilton Grosvenor Hotel, Grosvenor Street, Edinburgh

£16.00 (includes wine reception)



FAITH IN OLDER PEOPLE in collaboration with SKIMSTONE ARTS THEATRE COMPANY presents a solo performance exploring stories about life changes when a loved one experiences a diagnosis of dementia. How can we continue in our everyday lives of relationships, domestic activity, faith and worship when coping with loss of memory and who we are meant to be ...?

This 20 minute performance is drawn from a sensitive, humorous and challenging multimedia and physical touring theatre performance, with original music and projection entitled Jack and Jill & the Red Postbox, which toured at theatres, arts and health venues across the UK.

The piece was inspired by 89 anonymous transcripts, collected in a research project entitled “The Risk and Resilience: Living with Dementia” carried out in Northumberland which provided rich and emotive material for the fictionalised script and enabled a strong partnership team with Professor Charlotte Clarke, Head of the School of Health in Social Science, University of Edinburgh and Dr Cathy Bailey, Senior Research Fellow in International Ageing, Northumbria University.

The stories, characters and plot are based upon common themes which help us to explore questions involving changes in identity, sense of place and roles within community and society.

Additional research was carried out by Skimstone Arts Theatre Company, collecting stories from friends, families and the public about the challenges, special moments and changes in relationships, when living with family members diagnosed with dementia.

To reserve your place, please click [HERE](#) to go directly to our website booking page.

FAITH IN OLDER PEOPLE AND METHODIST HOMES JOINT CONFERENCE CULTURAL DIVERSITY, FAITH AND DEMENTIA

A critical examination of the place of religious faith in supporting the well-being of people with dementia

Wednesday, 23rd November 2016

Roxburghe Hotel, Charlotte Square, Edinburgh

Registration fee £95 includes coffees/lunch

PROGRAMME

Enjoy our keynote speakers:

Drawing the threads together of spirituality, dementia and culture

Rev Adjunct Professor Elizabeth MacKinlay, Charles Sturt University, Australia *contd*

The Ageing Journey – perspectives from different faiths

Rev Dr Keith Albans, Methodist Homes

Naved Siddiqi, Consultant Woolf Institute, Cambridge

Rabbi Jonathan Wittenberg, New North London Synagogue

Dementia Friendly Faith Communities

Professor Mary Marshall, Hammond Care and Faith in Older People

Jenny Henderson, Consultant and Faith in Older People

Participate in our round-table discussions on developing dementia friendly faith communities.

Some concessionary places available on application.

To reserve your place, please click [HERE](#) to go directly to our website booking page.

MUSIC - *an event based on the importance of music with a focus on how to enable the development of singing groups in community and residential settings*

Tuesday 13 December 2016

St Mungo's Museum and Zen Gardens, 2 Castle Street, Glasgow G4 0RH

£25.00 (includes tea/coffee)

Led by Diana Kerr who will introduce her guide to setting up singing groups and engage us in a practical way.

Music is important to us as a species and it can be particularly important to people with dementia. Singing in groups can improve a person's mood, recall, self-esteem and overall quality of life.

To reserve your place, please click [HERE](#) to go directly to our website booking page.

UPDATES

Dementia Friendly Faith Communities

FiOP is continuing to develop a guide which we plan to further consult on and would like to encourage congregations and faith communities to invite us for discussions so that we can continue to enhance what we are developing. We feel that this will be a long term project which will enable us to collect good ideas, share developments and finally produce a guide in a way which is found to be most helpful.

Please do contact: director@fiop.org.uk if you would like to arrange a discussion or hold a seminar.

Spiritual Care Education in Complex Care Units

This has been a stimulating and interesting research project and we have completed the interviews in the nine complex care units in NHS Lothian and will be writing up the findings in the coming weeks.

FiOP and on-line education

As a small organisation we are determined to reach as many people as possible to develop a stronger understanding of spiritual care and its contribution to the well-being of care home residents and the staff. We are aware of time constraints and the need to be flexible with content to reflect people's needs so we are trying to pilot a course and delighted that two care homes have agreed to work with us. The project is being led by Lesley Greenaway and if you have ideas or would like to contribute please contact director@fiop.org.uk

Spiritual Care in Care Homes

We are delighted to be project managing this work which is a collaborative project to better understand the extent to which spiritual care is supported in care homes and how we can better involve staff in enabling residents to express their spiritual needs. The grant for this work was made by the **Life Changes Trust**.

OTHER EVENTS

GOOD LIFE, GOOD DEATH, GOOD GRIEF - As the summer ends and the nights start to draw in, people have begun making plans for this year's **To Absent Friends festival of storytelling and remembrance**..... Now it is its third year, To Absent Friends gives people across Scotland an excuse to remember, to tell stories, to celebrate and to reminisce about people they love who have died. It exists to encourage participation, and it is non-prescriptive - groups and individuals are welcome to take part in whatever way they feel is appropriate. **For more information about this year's festival and other events go to <https://www.goodlifedeathgrief.org.uk/>**

- Festival events
- To Absent Friends Supper
- Photography competition
- Food, friendship and memories
- Other ways to take part

Remember Who I Am - From 'Where Memories Go' to 'Playlist for Life'

Sally Magnusson will talk about the experience of her Mother's dementia and Playlist for Life, the charity she founded because being able to respond to music is the one thing dementia cannot destroy.

Tuesday 18th October 2016 at 7.30 pm.

St Andrew's and St Georges West Church, 13 George Street, Edinburgh (Contact telephone 0131 332 4449)

FINAL FLING will be running a **Death Cafe** at a weekend-long DeathFest at Edinburgh's Summerhall on Sunday 30 October. The festival of delights is being curated by **Mischief La Bas**; a programme of exhibitions and performances all investigating, challenging, confronting or celebrating death. See more on our **Events** page.

DEATH, DYING AND BEREAVEMENT - Glasgow Conference

Saturday 5 November 2016, St Stephens Church, Bath Street, Glasgow, opposite the Kings Theatre. The cost of the day is £140. Full details, and registration, is available at **<https://event.iwgscotland2016.co.uk/IWGGlasgow>**

ACP: Time to Make it Happen

Anticipatory Care Planning (ACP) is a key workstream within the Living Well in Communities portfolio, focussed on building improved models of care across Scotland.

Following the success of 'ACP: A Call for Action', our first national Anticipatory Care Planning event, we have made progress in developing ACP documentation, the ACP mobile app and a range of education modules. A national ACP Programme Board has also been established to support delivery across Scotland.

We invite you to participate in our second event – **ACP: Time to Make it Happen** - to learn more about these exciting developments over the last 6 months, discuss current initiatives and help influence next year's ACP priorities.

The morning sessions give practitioners the opportunity to showcase the innovative work they are leading locally, supporting individuals of all ages. Further details about the workshops will follow soon.

The afternoon session will be a unique opportunity to view '[Seven Songs for a Long Life](#)', Dr Amy Hardies' critically acclaimed documentary exploring our changing relationship with death. Seven Songs had its North American premiere at the SXSW festival in March, and Amy is currently showcasing the film internationally. She will be facilitating a workshop at our event.

We look forward to seeing you on **Wednesday 16 November** at the **Royal College of Surgeons, Edinburgh**.

Contact: **Royal College of Surgeons**, Nicolson Street, Edinburgh EH8 9DW

Phone: 0131 527 1600 to register your place

VHS Annual Conference & AGM

Thursday 24 November 2016, Edinburgh

Loneliness - A Threat to Scotland's Health: Working Together to Combat Isolation

Full details of all events can be found on the [VHS website](#).

To discuss any aspect of our events, please email [Lauren Blair](#), Programme Engagement Officer or phone 0131 474 6190

ADVENTURES IN FAITH presents: Dementia: Body, Mind and Spirit

Saturday 26 November 10.30 coffee, 11 - 1pm

St Paul's & St George's Church, Edinburgh

As the world's population ages, dementia is becoming increasingly common as a lived experience for people with the condition, and others. Dementia is often thought of as affecting the mind, but it frequently affects a wide range of bodily functions. Together we will explore: How do these changes relate to the spiritual lives of those with dementia and their families? What kind of 'adventure in faith' lies ahead? And how can church communities support them?

Facilitated by John Starr, Director of the Alzheimer Scotland Dementia Research Centre and Professor of Health & Ageing at the University of Edinburgh; he is a consultant physician with a longstanding special interest in dementia and cognitive disorders. John holds a PhD in Hebrew and Biblical Studies and is shortly being licensed as a Lay Reader within the Diocese. Bookings via Adventures in Faith: £15(£12) cheque payable to Edinburgh Diocesan Synod, 21A Grosvenor Crescent, Edinburgh, EH12

5EL adventures@dioceseofedinburgh.org

Bursary help available, please enquire.

SAVE THE DATE - 7th International Conference on Ageing and Spirituality: "Transition and Transcendence: Transforming Aging Through Spirituality".

Hosted by Concordia University Chicago's, Center for Gerontology. June 4-7, 2017 in River Forest, IL at Concordia University Chicago

OTHER INFORMATION

Join Joan Chittister for “Women and Moral Leadership,” a live-streamed webinar, as she articulates why church and society are locked in a leadership crisis in an era when we have never needed vision more. Visit -

http://monasteriesoftheheart.cleeng.com/joan-chittister-live-webinar-women-and-moral-leadership/E848830607_US

FINAL FLING NEWSLETTER - visit

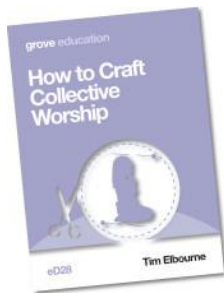
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BOOKS

REPRINTED - MALCOLM GOLDSMITH'S IN A STRANGE LAND: People with Dementia and the Local Church - a guide and encouragement for ministry (2004). REVISED PRICE £10.00 plus £1.50 p&p per copy. Available from FAITH IN OLDER PEOPLE.

Before I Go: The Quiz – Practical Questions to Ask and Answer Before You Die by Jane Duncan Rogers. Only available from website <https://janedr.leadpages.co/before-i-go-quiz-opt-in/> Buyers will receive a link to download which can either be completed via computer or printed out and filled in by hand. The quiz is a free taste of the workbook, which you can see at – giftedbygrief.com/products

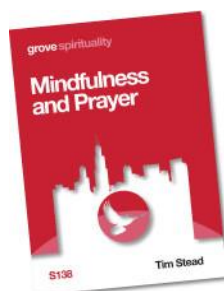
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eD 28 How to Craft Collective Worship

Many clergy and visitors are invited to lead collective worship in schools, perhaps with little training in teaching or about the school learning context. Many teachers lead collective worship with...

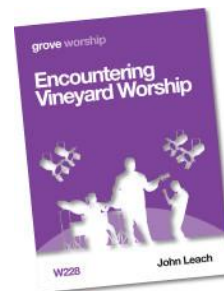
£3.95



S 138 Mindfulness and Prayer

Increasing attention has been given to mindfulness in recent years. How might Christians respond to and learn from it? This booklet aims to help Christians gain a fuller appreciation of...

£3.95



W 228 Encountering Vineyard Worship

The Vineyard movement has been a significant factor in Western Christianity, and has influenced some Anglican churches profoundly. Its quest for intimacy with God in worship is valuable—and yet the...

£3.95

[Dementia Living in the memories of God by John Swinton](#)

www.rcpsych.ac.uk/.../Alison%20Gray%20Book%20Review%20Dement...

by J Swinton - *dementia: Living in the memories of God*. John Swinton ... This book looks at the Christian theology of dementia. ... Knowing God is so much more than knowing

[Immortal Diamond: The Search for Our True Self: Amazon.co.uk ...](#)

<https://www.amazon.co.uk/Immortal-Diamond-Search.../0281070172>

Buy *Immortal Diamond: The Search for Our True Self* by *Richard Rohr* (ISBN: 9780281070176) from Amazon's Book Store. Free UK delivery on eligible orders.

Faith in Older People

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