JULY 2017 NEWSLETTER



2017

Celebrating 10 years

FAITH IN OLDER PEOPLE

is a small voluntary organisation which aims to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care.

> WE DO THIS THROUGH TRAINING, EVENTS, RESEARCH, PROJECTS AND CONSULTATION.

In addition to these events, we also offer the possibility of tailor-made courses. IF YOU WOULD LIKE TO DISCUSS THIS, PLEASE CONTACT ME (Maureen O'Neill) at <u>director@fiop.org.uk</u> or telephone 0131 346 7981.

All our events can be booked via our website www.faithinolderpeople.org.uk

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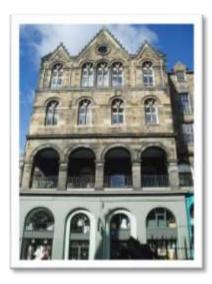
Tel: 0131 346 7981

FORTHCOMING EVENTS BOOK YOUR PLACE NOW

THE JUST FESTIVAL, EDINBURGH

A CONVERSATION Chaired by the Rt Rev Bruce Cameron on 'CULTURAL DIVERSITY, FAITH AND AGEING' 16th August 2017 at 7.30pm

Quaker Meeting House



Quaker Meeting House, Edinburgh

A WORKSHOP FOR <u>CLERGY AND</u> <u>PEOPLE IN AUTHORISED MINISTRIES</u> -'WE NEED TO TALK ABOUT DYING'

This day workshop will offer support and tools to enhance confidence in having pastoral conversations about death and dying. Using a model from the field of bereavement to explore emotional, psychological and spiritual responses and building on the experiences of the participants, the day will resource those who attend to go deeper in their pastoral encounters with people who are actively addressing their own mortality.

The day will be facilitated by Rev Canon Dr Marion Chatterley. Marion has extensive experience of working with younger people who are facing their own mortality and has a particular interest in bereavement theory.

Chair:

Rt Rev Bruce Cameron, Faith in Older People **Panel members:**

- Rabbi David Rose
- Rev John Bell
- Trishna Singh OBE

Discussions surrounding ageing often tend to focus on the negative aspects of old age rather than the contribution made by older people to society. Religion and spiritual needs are often overlooked due to a stronger emphasis put on physical care needs.

This conversation will provide an opportunity to consider ageing from different cultural and faith perspectives. We will discuss the importance of faith to many older people to better understand the supportive responses from different faith communities. We will explore what different theologies say about ageing and older people.

This event is publicised in the **JUST Festival programme** click <u>HERE</u> to book your ticket.

The programme assumes a degree of personal sharing and therefore participation is restricted to clergy and others in authorised ministries within the churches.

Date: Thursday 21 September 2017 Venue: The Grosvenor Hilton Hotel, Edinburgh Registration from 9.30am; start at 10.00am – Finish approximately 4.00pm Cost: £40.00

PLACES ARE LIMITED; PLEASE APPLY BY EMAIL TO INFO@FIOP.ORG.UK or tel 0131 346 7981 PLEASE PROVIDE NAME, ADDRESS, CHURCH, PHONE AND EMAIL CONTACT DETAILS. A FULL PROGRAMME WILL BE CIRCULATED ON APPLICATION.

BELONGING AND IDENTITY -

A collaborative one-day conference **Tuesday 17th October 2017 Venue – TO BE CONFIRMED SAVE THE DATE – further details to follow**

This conference will be held in collaboration with –

- Interfaith Scotland
- Marie Curie
- Stonewall
- Edinburgh University School of Health and Social Science
- Edinburgh University Chaplaincy

A sense of identity and belonging is of great importance to communities and individuals and we aim to explore them in relation to spiritual well-being. It will be a participative event. Further details will be provided; if you are interested in attending please contact us at info@fiop.org,uk



THE 10TH ANNIVERSARY MALCOLM GOLDSMITH LECTURE 2017

8th November 2017 at 10.00am

Methodist Halls, 25 Nicolson Square, Edinburgh EH8 9BX

£10.00 including refreshments

We are delighted that **Angela Constance MSP Cabinet Secretary for Communities, Social Security and Equalities** has agreed to give this year's lecture. The focus of her lecture will be on **'The role of the faith communities in supporting the well-being of older people and those with dementia'**. She has been an MSP for Livingston since 2007 and has held several senior posts in the Scottish Government. Further information will be provided but if you would like to indicate your interest please contact <u>info@fiop.org.uk</u> Click <u>HERE</u> to book your place via our website.

FAITH IN OLDER PEOPLE CONFERENCE REPORTS -

Enhancing Spiritual Care

Faith in Older People in collaboration with NHS Lothian Spiritual Care Unit held a conference to consider the importance and awareness of spiritual care issues in a healthcare setting, the different practices in health board areas and the availability of education. The focus of the conference was around the results of a study undertaken by Faith in Older People. The conference report on 'Enhancing Spiritual Care' will be available on the FiOP website from 10th July 2017.

Faith in Older People and Church of Scotland Guild

A Consultation on the role of the churches in combatting loneliness and isolation

This consultation was arranged to take forward a project supported by ACTS to look at the place of older people in the work of the churches and is intended to build on the work of Faith in Older People, the Church of Scotland Guild and others to consider how churches might develop their work with older people in terms of worship, prayer and action.

A current key issue for both Government, statutory and voluntary organisations is that of loneliness and isolation which is a matter of concern to churches. The event was designed to begin discussion on the issues and to share what practical action is being taken.

The conference report will be available on the Faith in Older People website from 10th July.

SPIRITUAL CARE MATTERS is for all staff and volunteers working in care homes, health and social care. It is an on-line learning course designed to promote, recognise, respect and support the spiritual well-being of older people. The course is an introduction to spiritual care, how it is defined, what it means in practice and why it is important.

The course uses the SSSC Open Badge to recognise learning for ongoing staff development and the link is :<u>https://www.badges.sssc.uk.com/badges/spiritual-care-matters/</u>

FAITH IN OLDER PEOPLE WEBSITE

As part of our **10th Anniversary** celebration, we are working with the Graphics Co-op to revamp our website. We have much to celebrate from our work and the individuals with who we have collaborated over the years.

Help us to celebrate with <u>your</u> ideas as to what you feel it is important for FiOP to tackle in the coming years.

OTHER INFORMATION

CREATING CONVERSATIONS are helping break the barriers to communication and meaningful activities with an easy to use highly effective activity kit which supports both caregiver and participants. By simply using the materials provided and following the conversation starter guides the kits encourage discussion and strengthen connections whilst allowing people living with dementia to reminisce and share their own personal stories about magical moments spent outdoors centred round an engaging, familiar theme.

Designed by professionals with extensive experience in care settings, the materials can be easily adapted for a range of physical and social needs whilst saving valuable time and money spent on planning and preparing activities. **For further information**, call Sharon Burkey on 01786 845701 or email: <u>sharon@creating-conversations.org</u>, or visit <u>www.creating-conversations.org</u>

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS. Hosting an evening of SCOTLAND AND WALES INTERFAITH RELATIONS.

Wednesday 12 July 2017, 7.00pm-9.00pm. Location: 30 Colinton Road, Edinburgh EH10 Guest speakers: Maureen Sier, Julie Jones, Saleem Kidwai, Pall Singh

Further details:

Evelyn Liston 01383 850091 or 07711 849713 or evelynliston@ldspublicaffairs.org

An evening of sharing Interfaith Relations. All Welcome.

TENDING TO THE EMERGING STORIES OF OUR LIVES – A restorative and reflective day for those whose lives are touched by dementia. Led by Rosas Mitchell. The Bield at Blackruthven, Tibbermore, Perth PH1 1PY Sunday 27th August 2017. 10.30am-4.00pm

Please book through Muriel Tel - 01738 583238 Tues – Fri 9am – 4pm

Cost of day £47 – includes lunch and refreshments. Concessions available. Full payment is required at time of booking. *See web site for Cancellation Policy. Card payments can be made on the phone.* Email: info@bieldatblackruthven.org.



Good Life, Good Death, Good Grief is working to make Scotland a place where there is more openness about death, dying and bereavement so that:

- People are aware of ways to live with death, dying and bereavement
- People feel better equipped to support each other through the difficult times that can come with death, dying and bereavement

Good Life, Good Death, Good Grief brings together individuals and organisations that share this vision. We are interested to hear from any person or organisation who wants to work with us to make Scotland a place where people can be open about death, dying and bereavement.

There are a number of activities and events taking place during the Edinburgh Festival in August and also small grant schemes to support organisations wishing to participate in this year's To Absent Friends festival.

Further information on the work and forthcoming events go to <u>https://www.goodlifedeathgrief.org.uk/</u>



Alzheimer Scotland welcomed the third National Dementia Strategy for Scotland (28 June 2017). The announcement demonstrates a long-term commitment from the Scottish Government to improve the lives of people with dementia and those who care for them in Scotland.

Read and download the full strategy here

A decade has now passed since dementia was made a national priority for Scotland and in that time significant progress has been made to support people with dementia, their families and carers. However, despite this progress much more remains to be done to rise to what is Scotland's biggest health and social care challenge. The gap between the policy commitments found in all three strategies and the real life experience of many people is far too wide.

SCOTTISH CHURCHES DISABILITY GROUP: BREAKING THROUGH BARRIERS Saturday 30th September 2017 – Registration 10.30am: Dalziel St Andrew's Church, Motherwell

The annual conference of the Scottish Churches Disability Group will focus on positive ways of breaking through barriers which sometimes prevent people with disabilities from full participation in worship and community life in churches. The format of the event will be a series of conversations with people with personal experience of learning disabilities, hearing and sight loss and other disabilities.

Mr Jeremy Balfour, MSP, who leads the Scottish Parliament's Cross-Party Group on Disability, will give an opening address. The conference will conclude with the AGM of the Scottish Churches Disability Group, to which all are invited.

For further information about the programme and a booking form, contact SCDG Secretary, Barbara Graham, at <u>Barbara.graham74@btinternet.com</u> or tel. 01563-522108. Further information on transport will be given to people who book places.