



## Newsletter: June 2014

# Faith in Older People Training

## Communication and Creativity Workshop

The course will explore the existing creative talents of individuals to enhance communication and contribute to spiritual well-being

**Edinburgh: 26<sup>th</sup> August 2014, 9.20am - 12.30pm**

**Scottish Storytelling Centre, 43-45 High Street, Edinburgh EH1 1SR**

**Glasgow: 27<sup>th</sup> August 2014, 9.20am - 12.30pm**

**Ignation Spirituality Centre, 35 Scott Street, Glasgow G3 6PE**

John Killick, Course Tutor and currently Writer in Residence at Alzheimer Scotland, will take this session. Outlining strategies for:

- initial approach
- listening
- interpretation
- responding to verbal messages
- interacting with those who are not using words any more

The cost for this half day workshop is £65

This workshop is aimed at family carers, professional carers and pastoral visitors.

For more information, please go to the training section on our website:

[https://events-made-easy.com/Client\\_Event\\_Sites/fop5853/2012-03-111/cgi-bin/php/home.php](https://events-made-easy.com/Client_Event_Sites/fop5853/2012-03-111/cgi-bin/php/home.php)

# Faith in Older People Update

## The contribution of faith communities to the care of older people

Following the survey which FiOP undertook in 2013 a commitment was made to organise follow up events to examine the issues which emerged in more detail. The first of these events brought together representatives of faith communities; voluntary sector and statutory bodies to review the outcomes and to highlight the key issues which required attention to ensure that the contribution of faith communities was recognised and that they were included in the planning of services for older people in their areas. To read the full report please go to our website.

FiOP will be organising 4 regional workshops – Aberdeen 27<sup>th</sup> June; Inverness 19<sup>th</sup> September and two further ones will be organised for later in the year. Please contact [info@fiop.org.uk](mailto:info@fiop.org.uk) for further information.

This work was also presented at the recent Co-Production Conference organised by the Joint Improvement Team; Scottish Co-Production Network and the Alliance. The Alliance also produced a publication entitled 'In Good Faith – Building compassionate communities'. This is available on [www.alliance-scotland.org.uk](http://www.alliance-scotland.org.uk)

## Dying well and why it matters

In March 2014 Faith in Older People held its annual Malcolm Goldsmith Lecture which was given by Rabbi Baroness Julia Neuberger. The subject was 'Dying Well and why it matters'. The lecture was attended by 250 people and created considerable discussion so it was decided to undertake a follow-up event in the format of a civic café which would allow small group discussion around the twelve principles she referred to in the lecture. The event took place in early May and was attended by 40 people.

There is a growing interest and openness in considering issues around death and dying and several organisations are involved in stimulating the 'conversations'. Faith in Older People is a stakeholder member of the Good Life; Good Death; Good Grief programme set up by the Scottish Palliative Care Partnership and has participated in the conversations on this issue led by Edinburgh University Chaplaincy. The three organisations felt that it was important to collaborate in facilitating this event as a contribution to 'Death Awareness Week' which would take place soon after this event. To read the full report please go to our website. There was a huge emphasis on the importance of being able to have the 'conversation'.

The method we used of a 'civic café' was very simple and enabled people to work in small groups but also to move group if they wished. This is one way of bringing people together for this critical discussion but there are many other ways. Together with our partners in this event we would wish your faith community or organisation to think about facilitating such an event.

We would also like to encourage you to consider organising an event under the banner of 'Absent Friends'. This is an initiative of Good Life; Good Death; Good Grief and more details can be found on [www.toabsentfriends.org.uk](http://www.toabsentfriends.org.uk)

## Going forward

Plans are being put in place for a conference on the theme of 'Risk and Resilience' which will be organised collaboratively with the University of Edinburgh School of Health and Social Science and Edinburgh University Chaplaincy Centre. There are many perceptions about the concepts and we want to take the opportunity to consider them in more detail with particular

reference to those involved in providing care services in residential, day or home care.  
**Save the date:** Monday 22<sup>nd</sup> September in Edinburgh. To be kept informed please send your details to [info@fiop.org.uk](mailto:info@fiop.org.uk)

## Other events and information

### Turning Up the Volume on Poverty

**Woodside Hall, 36 Glenfarg Street, Glasgow, G20 7QF - 21<sup>st</sup> June @ 2pm**

The Poverty Truth Commission brings together some of Scotland's most influential citizens and some of its most disadvantaged. Over the last 18 months we have met ten times. We have considered together the scandal of poverty in one of the richest nations on the planet. On the 21<sup>st</sup> June we will be presenting our findings. We will tell you what we have learnt about food poverty, the scandal of sanctions, the growth of in-work poverty, the shame of not having enough and how, when you are already struggling, the essentials cost more. More than that, however, we will be sharing what needs to change. We will be presenting through film, drama, music, dance and conversation. It will be a challenging, entertaining and inspiring afternoon – one not to be missed. To book your place, contact Siobhan ([info@povertytruthcommission.org](mailto:info@povertytruthcommission.org); 0141 248 2911).

### just Festival 2014 Programme Launch

The just Festival 2014 programme was launched on 17<sup>th</sup> June 2014. For more information or to order a copy of the programme by post, visit their website: [www.justjust.org](http://www.justjust.org)

### Grief and bereavement support in Scotland



The Scottish Grief and Bereavement Hub is transferring to NHS Education for Scotland on 1st July 2014. To find out more about future plans, please email the Hub: [info@griefhub.org.uk](mailto:info@griefhub.org.uk).

### Silver Sunday - 5th October 2014

Silver Sunday's aim is to reduce isolation and loneliness amongst older people through a day of free activities for those aged over 65. Please support Silver Sunday by organising an event for the day. It can be whatever you choose as long as it's free and is open to those above 65 years old.

2013 saw more than 180 events in support of our cause across the UK; from a matinee at The Royal Albert Hall to chair zumba and we are looking to significantly expand this year when Silver Sunday returns on **5th October 2014**.

Although it seems far in the future, we are starting to collate events to ensure that we can promote them as fully as possible. The BBC is supporting Silver Sunday by promising that any event organised will be mentioned on their local BBC radio station. We are aiming to have a final list of events by **11<sup>th</sup> July 2014**.

If you would like to discuss ideas or register your interest in holding an event then please contact Silver Sunday on **0207 641 4897** or email [plangford@westminster.gov.uk](mailto:plangford@westminster.gov.uk). You can

also find out more at our website; <http://silversunday.org.uk/> where you can directly submit an event.

## Scottish Partnership for Palliative Care Conference - Choices & Decisions Towards the End of Life

At the Royal College of Physicians of Edinburgh  
On Wednesday 17 September 2014

Featuring a mix of high quality speakers and delegate interaction we are aiming once again to deliver an event which is topical, challenging and inspiring. Delegates will be reflecting on lessons from the LCP, exploring what decision theory can bring to end of life care, hearing about award-winning innovation in goal setting, understanding the contribution of improvement science to both safety and compassion, and catching the surprisingly relevant echoes of history from death and dying in World War 1.

Visit the website [www.palliativecarescotland.org.uk](http://www.palliativecarescotland.org.uk) for further details or email [office@palliativecarescotland.org.uk](mailto:office@palliativecarescotland.org.uk).

## Nominations for the Age Scotland Awards 2014 now open!

The Awards will again be held on International Older People's day on Wednesday 1<sup>st</sup> October in the Garden Lobby of the Scottish Parliament in the evening (time TBC)

The categories are-

- The Jess Barrow Award for Campaigning and Influencing – sponsored by McCarthy & Stone
- The Patrick Brookes Partnership Award – sponsored by Specsavers
- Service for Older People Award
- Member Group of the Year Award – sponsored by David Urquhart Travel
- Volunteer of the Year Award – sponsored by Solicitors for Older People Scotland

In addition, this year sees the new Employer of the Year Award- The judges will be looking for an employer that has helped to advance the opportunities of older people in the workplace, through pension training, the provision of flexible working, after work fitness clubs or any other innovative ways that they have helped older people in the work place

More information and the nomination form can be found at:  
<http://www.ageuk.org.uk/scotland/get-involved/age-scotland-awards/>

Any additional information can be found by emailing [awards@agescotland.org.uk](mailto:awards@agescotland.org.uk) or calling **0845 521 2457**

### Our mailing address is:

Faith in Older People, 21A Grosvenor Crescent, Edinburgh, EH12 5EL

Email: [info@fiop.org.uk](mailto:info@fiop.org.uk)

Website: [www.faithinolderpeople.org.uk](http://www.faithinolderpeople.org.uk)

**Faith in Older People is very grateful for the financial commitment it receives from Trusts, Foundations and individuals. This helps us to**

**plan our future and continue to expand the diverse range of work we do. If you would like to support our work by making a donation, please send a cheque, made payable to 'Faith in Older People', to the address above.**