

MAY 2017 NEWSLETTER



2017 IS OUR 10TH ANNIVERSARY!

FAITH IN OLDER PEOPLE

is a small voluntary organisation
which aims to enhance the quality of life and
well-being of older people by working with those providing
practical, pastoral or spiritual care.

WE DO THIS THROUGH TRAINING, EVENTS, RESEARCH,
PROJECTS AND CONSULTATION.

In addition to these events,
we also offer the possibility of tailor-made courses.

IF YOU WOULD LIKE TO DISCUSS THIS,
PLEASE CONTACT ME (Maureen O'Neill) at
director@fiop.org.uk or telephone 0131 346 7981.

All our events can be booked via our website
www.faithinolderpeople.org.uk

FORTHCOMING EVENTS – SAVE THE DATES

The Anniversary Malcolm Goldsmith Lecture 8th November 2017 at 10.00am in the Methodist Halls, Edinburgh

We are delighted that **Angela Constance MSP Cabinet Secretary for Communities, Social Security and Equalities** has agreed to give this year's lecture. The focus of her lecture will be on **'The role of the faith communities in supporting the well-being of older people and those with dementia'**. She has been an MSP for Livingston since 2007 and has held several senior posts in the Scottish Government. Further information will be provided but if you would like to indicate your interest please contact info@fiop.org.uk

FIOP's 10TH ANNIVERSARY RECEPTION IN THE SCOTTISH PARLIAMENT

24th October 2017 at 6.00pm

This will be hosted by Sandra White, MSP Convenor of the Cross Party Group on Older People, Age and Ageing.

If you would be interested in attending please contact info@fiop.org.uk and further information will be forwarded nearer the time.

BELONGING AND IDENTITY – A collaboration conference

Wednesday 18th October 2017

This conference will be held in conjunction with Interfaith Scotland, Marie Curie, Stonewall and Edinburgh University School of Health and Social Science. These issues are of great importance to communities and individuals and we aim to explore them in relation to spiritual well-being. It will be a participative event.

Further details will be provided and If you would be interested in attending please contact info@fiop.org.uk

THE JUST FESTIVAL – EDINBURGH 16TH AUGUST 2017 at 7.30pm

Quaker Meeting House

A CONVERSATION Chaired by the Rt. Rev Bruce Cameron on 'CULTURAL DIVERSITY, FAITH AND AGEING'

This event will be publicised in the **JUST Festival formal programme** or if you would be interested in attending please contact info@fiop.org.uk

PROJECTS

Faith in Older People, Church of Scotland Guild and Action of Churches Together in Scotland (ACTS)

THE ROLE OF THE CHURCH IN COMBATTING LONELINESS AND ISOLATION



Rt Rev Bruce Cameron opens the meeting



The Very Rev Dr John Chalmers welcomes delegates

FiOP has been working with the Church of Scotland Guild to bring together a multi-denominational group to consult on issues affecting older people. This work is supported by Action on Churches Together in Scotland.

The first meeting was held on 16th May where issues around 'loneliness and isolation' were discussed.



Trevor Owens, Scottish Government



Delegates at the 'Loneliness and Isolation' meeting

Presentations were made by:

Very Rev Dr John Chalmers, Church of Scotland
Trevor Owen from the Scottish Government
on the proposed National Strategy on
loneliness and isolation.

There were responses from:

Elspeth McPheat from Crossreach;
Claire Stevens from VHS,
Barbara Urquhart, Church of Scotland and
Glenda Watt, Scottish Older People's
Assembly

The results of the discussion will be written up and disseminated.

SPIRITUAL CARE FOR PEOPLE AFFECTED BY DEMENTIA IN CARE HOMES

This is a major project funded by the Life Changes Trust

The project has two elements:

- A mapping exercise to explore the key ways in which residential care providers are currently delivering spiritual care to people with dementia. This will highlight pointers for policy development, education and training and professional practice. This research is being undertaken by Simon Jaquet who has undertaken several focus groups as well as disseminating the survey from which we have received a 10% response. A report is planned for the autumn.
- A practical initiative focused on recognising and meeting the spiritual needs of people with advanced dementia. This is an area of spiritual care that is recognised as needing of development. The initiative will be aimed at care homes and be based on the 'Purple Bicycle Project' which has been developed by Professor John Swinton and Dr Harriet Mowat. Six workshops for care home staff are planned for the project and the

first one took place earlier this year. The aim of the workshops is to enable the care home to develop a plan of action using the principles of the Purple Bicycle to develop practical ways to enhance the spiritual lives of residents.

This an exciting and innovative project which will take place over a two-year period from which we want to increase the confidence and understanding of care home staff in supporting spiritual care needs and to highlight the importance of ensuring there is education and learning for all staff in relation to spiritual care which is of benefit to them as well as the residents.

We have an excellent team delivering this programme.



SPIRITUAL CARE MATTERS – SUPPORTING THE SPIRITUAL NEEDS OF OLDER PEOPLE

On-line training course

FiOP has over the years developed and delivered a range of courses to care homes and congregations. However, we have recognised that it is very difficult to reach all parts of Scotland with a very small team and that care home staff do not have a great deal of time to devote to training if there is significant travel involved. We have therefore been developing an on-line course on 'spiritual care matters'. This has been led by Dr Lesley Greenaway and Colin Gray and piloted in two care homes which gave the course a very warm welcome.

"...liked the daily 30- minute lesson – realistic and flexible" (Head of Care)

"It will give you a richer working experience and will lead to a better experience for residents" (Care Assistant)

The course is currently being rolled out and we are delighted that the Care Inspectorate

and the Scottish Social Services Council are enthusiastic about it; it is available to all interested parties.

How can I sign up for Spiritual Care Matters?

Go to the website

www.spiritualcarematters.com to sign up. You can participate in the course either as an individual or as a group through your care home or organisation. All we need is your name and email address.

Spiritual Care Matters was developed by Faith in Older People, and is based on the publication *Spiritual Care Matters – An introductory Resource for all NHS Scotland Staff* (NHS Education Scotland 2007)

For more information contact:

Maureen O'Neill, Director, Tel: 0131 346 7981,

Email: director@fiop.org.uk

DEMENTIA FRIENDLY FAITH COMMUNITIES

This is a major piece of work which builds on research and practical involvement with congregations over many years and which culminated in FiOP drawing together a working group made up of people with faith backgrounds, practical experience of dementia, architecture and someone experiencing dementia. The result has been the development of a 'tool' which draws together research and resources which can be of help to congregations but also sets out the steps they can take to better understand dementia and how it impacts on their congregation and the individuals involved.

We are very aware of the considerable support and activities in which congregations are involved in supporting people experiencing dementia and their carers so we want to offer encouragement for continued development and to assist in navigating the path alongside the person with dementia, their family and friends.

Our aim is to undertake structured consultation with congregations to obtain their views on the helpfulness of the tool but also to ensure that it is a dynamic approach which takes embraces what is being done, what works, what support is needed and to include illustrations of activity. We will not

be publishing the tool yet as the format will be part of the discussions. It might be that an on-line version, short extracts and so on – we will listen to those taking part in the consultation.

This project is being led by Professor Mary Marshall and Jenny Henderson. They have presented the work at the recent Ninth Scottish Caring and Dementia Conference as well as informal discussions and workshops in several congregations. The session was very well attended and there is considerable interest in the work. We will be planning our approach for the autumn.

If you are interested in participating in this consultation and can perhaps bring in other congregations in your area please contact

Maureen O'Neill, FiOP Director
Email: director@fiop.org.uk

FiOP has also been working with the Edinburgh Interfaith Association to organise discussion groups around perceptions of dementia and it is our aim to extend the current work in churches to include all faith communities.

Our thanks to Iain Stewart for his assistance.

SPIRITUAL CARE EDUCATION IN HOSPITAL BASED COMPLEX CARE UNITS – AN APPRECIATIVE ENQUIRY

FiOP was asked by the Lothian NHS Spiritual Care Unit to undertake a research project into the spiritual care educational needs of staff in these units which mostly offer palliative care.

The project was led by Ruth Aird and Maureen O'Neill who undertook interviews in all nine units and involved three people in each unit.

The results of this research were presented at a conference for chaplains, health care staff and Government representatives on 17th May.

A draft report was presented and will be adjusted to reflect the views expressed by the participants. An article is also being prepared for the Journal of Spiritual Care and Chaplaincy.

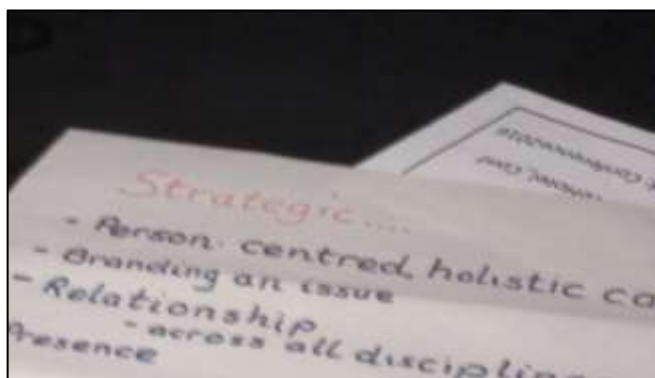
It has been a very interesting exercise and complements the study undertaken by Helen Welsh, when she was the Development Officer with FiOP, in care homes. This report can be obtained from FiOP website: www.faihinolderpeople.org.uk – see under reports.

All our projects support our core aim of 'developing a better understanding of the spiritual dimension to the well-being of older people'.

Our thanks to Rev Sandy Young, previous Lead Chaplain in NHS Lothian for stimulating this research.



*Professor Robin Taylor
Keynote Speaker and Chairperson*



Comments from group notes



Delegates review comments from their 'round-table discussions'

WEBSITE

We are working with the Graphics Co-Op to revamp our website as part of our **10th Anniversary** celebration.

We have much to celebrate from our work and the individuals with who we have collaborated over the years. Help us to celebrate with your ideas as to what you feel it is important for FiOP to tackle in the coming years.

OTHER INFORMATION

Dementia Awareness Week Scotland 29 May – 4 June 2017

This Dementia Awareness Week, let's help people understand why friendship and kindness are more important than ever when you have dementia.

<http://daw.dementiascotland.org/about>

New National Care Standards - The following is an extract from the Alliance newsletter:

Substantial support has been expressed for the Scottish Government's newly proposed National Health and Care Standards according to newly published analysis.

Scottish Ministers have committed to reviewing, updating and improving 2002's National Care Standards to "reflect changes in policy and practice". The Scottish Government have proposed a single set of standards under seven headings. This was put out to public consultation in October 2016 and received 499 responses.

The main findings include:

- "Substantial cross-sector support" for the new Standards, with respondents highlighting a welcome focus on human rights, outcomes and person-centredness.
- A number of common concerns including that the Standards may not apply to all settings and circumstances; they appear aspirational rather than achievable; and some of the language could be refined.
- Some respondents noted that the Standards effectiveness will rely on broader contextual issues such as resourcing, inspection and enforcement.
- Among five options, the name National Health and Social Care Standards received broadest support.

Consultation on the New National Health and Care Standards: Analysis of Responses

Consultation on the New National Health and Care Standards: Analysis of Responses - Research Findings

ALLIANCE response: Consultation on the new National Health and Care Standards (PDF)

For information on Good Life, Good Death, Good Grief's Death Awareness Week, please [click on the link below](#)

[Click here to view this message in your browser.](#)

The publication *'Enriching and Improving Experience. Palliative and End of Life Care: A framework to support the learning and development needs of the health and social services workforce in Scotland'* is now available:

http://elearning.scot.nhs.uk:8080/intralibrary/open_virtual_file_path/i2564n4083939t/Palliative%20framework%20interactive_p2.pdf

The framework was developed by NHS Education for Scotland (NES) and the Scottish Social Services Council (SSSC) with contributions from individuals, groups and organisations from the public, independent and third sectors to meet commitment 3 of the Scottish Government's Strategic Framework for Action on Palliative and End of Life Care in Scotland.

BOOKS



REPRINTED

MALCOLM GOLDSMITH's IN A STRANGE LAND: People with Dementia and the Local Church - a guide and encouragement for ministry (2004).

REVISED PRICE £10.00 plus £1.50 p&p per copy.

Available from FAITH IN OLDER PEOPLE.



Faith in Older People

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