

APRIL 2022 NEWSLETTER



FAITH IN OLDER PEOPLE

is a small voluntary organisation which aims to enhance the quality of life and well-being of older people by working with those providing practical, pastoral or spiritual care

OUR LATEST BLOG ...

The 'gift of age' - making sure your voice is heard



According to the last Census, there are just under 700,000 people over the age of 65 in Scotland professing membership of a faith community. This is the same number of people who visited Glasgow in 2014 for the Commonwealth Games.

It represents a significant human resource.

It is also the population group that we are focusing on through a year-long research project funded by the Tor Christian Foundation. The research grew out of two principal hunches. Firstly this is a big chunk of the Scottish population that we seem to know relatively little about. Secondly if we *did* know more, everyone (Scottish Government, local authorities, third sector, local voluntary organisations amongst others) could benefit.

A team from Faith in Older People (FIOP) and Simon Jaquet Consultancy Services Ltd is working on the research. We are currently running a large online survey for all of Scotland's faith communities. We will then move on to developing case studies over the spring and summer 2022, exploring in more depth the findings, themes, and challenges which emerge from the survey.

A key element to the research will be exploring the impact of COVID 19 on the elderly. While this often appears to have been clearly negative (especially in regard to mental health and social isolation), we want to better understand how this has affected their willingness and ability to volunteer in local projects - including with faith communities.

At a pragmatic level, the endangering of this vital community resource raises two further questions. If older people aren't helping to deliver the food parcels, staff the food banks, organise the children's activities, and staff the homeless shelters, who is? And in the future (post Coronavirus) era, how will

we ensure resilient approaches to maintaining and sustaining these vital services if the older workforce is less active?

Faith communities are our core constituency, and they represent a considerable actual and potential resource. We hope that the research will help to inform how we engage older people in faith communities, seeing them as a valued community resource rather than a problem to be solved. We anticipate that it will contribute to learning for many groups and organisations in local communities and elsewhere.

- Faith communities themselves will be able to work more closely together to support older people, with closer links leading to co-production on practical projects
- The general population will have a better understanding of what older people in faith communities have to offer
- Older people in faith communities will have a more positive public profile
- Policy makers at local and national levels will have a better grasp of the implications of 'excluding' those over 70 from volunteering

As I write, the survey has been running for three weeks (it remains open until the end of April), and we're pleased with the response.

We've had responses from all the main faith communities including the Buddhist, Sikh, Muslim, Hindu, Baha'i, and Jewish communities, as well as a broad cross-section of the Christian churches.

We would like to maximise the numbers of surveys returned, in order to provide a strong evidence base for our findings. So, if your church, synagogue, temple, or gurdwara hasn't yet completed one, it'll only take a quarter of an hour to make sure your views are heard!

You can find the survey at <https://www.surveymonkey.co.uk/r/M7FJM6D> - open until Friday 29 April.

We look forward to hearing from you.

**Simon Jaquet
Simon Jaquet Consultancy Services Ltd**

**ALL OUR BLOGS ARE AVAILABLE TO READ ON OUR WEBSITE –
www.faithinolderpeople.org.uk**

FAITH IN OLDER PEOPLE - FORTHCOMING EVENTS IN 2022

UNDERSTANDING MENTAL HEALTH ILLNESS FOR FAITH COMMUNITIES

Talking about mental illness – Dr Gill Yellowlees

ZOOM workshop – NB numbers are limited

Wednesday 4th May 2022 * Time: 1.30-4.30 (3 hours) *** Registration fee: £30**

(A few concessionary places have become available; please email us to enquire) info@fiop.org.uk

TALKING ABOUT MENTAL ILLNESS IN OLDER PEOPLE - a workshop led by Dr Gill Yellowlees.

This workshop is an opportunity to talk about mental illness in older people and will include a general introduction to the symptoms of mental illness, models for understanding mental health issues, and the impact that mental illness has on everyday life. We will look at how we respond and can offer support to people suffering from mental illness, both as individuals and in pastoral care settings.

The format of the day will include some teaching plus time for reflection, sharing from our own experiences, questions and group discussion.

Please note that this workshop is an opportunity to look at issues around mental illnesses such as depression and will not be focussing on dementia.

Gill Yellowlees lives in the Scottish Borders, where she worked as a psychiatrist with the NHS Mental Health for Older People's team until retirement in 2014. She serves as an elder in her local Church of Scotland congregation and has trained in spiritual direction with the Epiphany Group.

BOOK YOUR PLACE NOW VIA EVENTBRITE – CLICK [here](#)

MALCOLM GOLDSMITH LECTURE 2022

We are delighted that Dr Kathryn Mannix and the Rt Rev Richard Holloway

will be presenting the lecture on **Thursday 12th May 2022** by Zoom at 4.30 pm

The focus will be ***Tender Conversations: how can we navigate conversations about sorrow, fear, and loss?***

IF YOU CAN, PLEASE MAKE A DONATION TOWARDS THIS EVENT; THIS WILL HELP US TO SUSTAIN OUR ONGOING WORK. THANK YOU.

30-minute talk, Kathryn Mannix

The experience of illness, death, separation and other difficulties is part and parcel of getting older. Despite this, we often find ourselves at a loss when we come to talk about these issues with our families or friends. Sometimes, older people want to put their own minds at rest by helping their supporters understand their wishes, but those supporters are very reluctant to engage in the conversation, preferring to change the subject or to say '*Things aren't that bad yet!*' Other families find that although the supporters feel

increasingly concerned that they *don't* know their relative's wishes, their sick or older relative declines to talk about it, asking people not to interfere or stating that this is not a subject they want to talk about. Let's think about these important, emotional and necessary conversations. Let's think about how the attitude we take into the conversation can change the way it unfolds. Let's consider how to begin, how to be a companion while someone considers their difficulties and their strong emotions, and how to ensure that our conversation finishes in a

way that is safe, satisfactory and leaves open the invitation to talk again in the future. Let's think about how simply by being a good listener, we can help people to process their worries and feel less alone with their sorrows.

We will think about how listening underpins compassionate action and consider ways to create communities of compassion where all can be listened to and heard.

30-minute conversation, Kathryn and Richard

We know that the things people most want to say to their loved ones towards the end of their lives are 'I love you,' 'Thank you,' 'I'm sorry, please forgive me,' and 'I forgive you.' Richard has some very important things to say about forgiveness and resolution.

30 minute audience Q&A

BOOK YOUR PLACE NOW VIA EVENTBRITE – [CLICK HERE](#)

LISTEN – HOW TO FIND THE WORDS FOR TENDER CONVERSATIONS: Dr Kathryn Mannix

For most of us, there's a conversation we're avoiding. Moments when we need to be frank with others – anything from big challenges to everyday problems. This book gives invaluable advice on how to better handle tender conversations. When Words Fail - practical ministry to people with dementia and their caregivers.

WAITING FOR THE LAST BUS: The Rt Rev Richard Holloway

Now in his ninth decade, former Bishop of Edinburgh Richard Holloway has spent a lifetime at the bedsides of the dying, guiding countless men and women towards peaceful deaths. A positive and profound exploration of the many important lessons we can learn, this is also a stirring plea to acquaint ourselves with death. Doing so gives us the chance to think about the meaning of life itself; and can mean the difference between ordinary sorrow and unbearable regret at the end. Radical, joyful and moving, *Waiting for the Last Bus* is an invitation to reconsider life's greatest mystery by one of the most important and beloved religious leaders of our time.

Available on Amazon - *Waiting for the Last Bus: Reflections on Life and Death*: AmazonSmile: Holloway, Richard: 9781786890245: Books

END OF LIFE MATTERS

End of Life Aid Skills for Everyone is a course designed to enable people to be more comfortable and confident supporting family and community members with issues they face during dying, death and bereavement.

The course has been developed by the [Scottish Partnership for Palliative Care](#).

It is delivered free of charge by volunteer EASE Facilitators and takes approximately 8-12 hours to complete over a period of four weeks.

EASE is for anyone who wants to be able to support someone with issues they face relating to death, dying and bereavement. It is designed for members of the public, and welcomes adults of all ages, experiences, and walks of life.

What are the aims of the EASE course?

The course teaches the basics of end-of-life care and addresses some of the fears and uncertainties frequently held by members of the general public. It aims to help people to:

- Become better equipped to provide informal support to friends, family and community members dealing with death, dying and bereavement.
- Find it easier to deal with these issues when they must face them themselves.
- Know where to find further information and support in relation to these issues.

DATES

31st May 2022 14th June 2022 21st June 2022 28th June 2022

Each session will be between 10-12.

The course is free but it is important to attend each session.

BOOK YOUR PLACE NOW VIA EVENTBRITE – CLICK [HERE](#)

We welcome ideas for events or training which would contribute to these themes.

We envisage that we will continue with on-line events for the foreseeable future.

SCOTTISH GOVERNMENT

Health and Social Care Strategy for Older People

The consultation on the Scottish Government's Health and Social Care Strategy for Older People is now live and available at:

<https://www.gov.scot/publications/consultation-health-social-care-strategy-older-people/>

<https://consult.gov.scot/healthcare-quality-and-improvement/health-and-social-care-strategy>

SOPA has arranged a session with Louise Scott from the Scottish Government Older People's Health Team on Tuesday 17th May from 1-3pm as an opportunity to feed into the consultation. Please let me know if you are able to attend and if possible, please take time to have a look through the consultation document in advance.

Topic: Health and Social Care Strategy consultation

Time: May 17, 2022 13:00 London

Join Zoom Meeting

<https://us06web.zoom.us/j/84203700336?pwd=OVZoQ0ZOS1hrR1pMdmQ2RWcxdnprQT09>

Meeting ID: 842 0370 0336

Passcode: 812526

Caroline Clark | Scottish Older People's Assembly - Co-ordinator | Eric Liddell Centre,
15 Morningside Road, Edinburgh, EH10 4DP | caroline@scotopa.org.uk

The Scottish Government consultation on the Health and Social Care Strategy for Older People is now open:

<https://www.gov.scot/publications/consultation-health-social-care-strategy-older-people/>

<https://consult.gov.scot/healthcare-quality-and-improvement/health-and-social-care-strategy>

Volunteering during covid

Findings from a survey undertaken to gather insights into the experiences of Scottish third sector organisations and other stakeholders involved in supporting volunteering during the pandemic.

<https://www.gov.scot/publications/scottish-third-sector-perspectives-volunteering-during-covid-19-survey-report/>

MENTAL HEALTH

Mental Health and History

This interesting article highlights the history of support to people experiencing mental health challenges and the language used with the stigma that was attached. We still need to tackle the stigma attached to mental illness.'

Mental health and history - [Pauper lunatics were not paupers \(rcpsych.ac.uk\)](http://rcpsych.ac.uk)

David Jolley, Christians on Ageing

Mental Health - SANCTUARY MENTAL HEALTH

The Sanctuary Course is a study guide for small groups, designed to raise awareness and start conversations in local churches regarding mental health. Your group might include:

- *People with questions about mental health*
- *Mental health professionals with a wealth of knowledge to share*
- *Leaders who want to engage their community in mental health conversations*
- *People supporting loved ones with mental health problems*
- *People living with mental health problems*

The Sanctuary Course is for anyone who wants to learn about faith and mental health. It requires no previous training or expertise—just a willingness to engage in dialogue with other believers. This course and films address difficult and sensitive topics and may not be appropriate for a young audience. It is not recommended for people aged 17 and younger.

How does it work?

The Sanctuary Course is an eight-week study guide for small groups. Each week participants will gather together, read through the content out loud or listen to it on audiobook, watch a film, and engage in conversation, reflection, and prayer. The course is designed to be run by small group leaders in your church or organization. With a free subscription, the course is available for you and your church community for life.

What does it cover?

Over the course of the eight weeks, participants will explore topics such as:

- Understanding mental health and illness
- Challenging stigma
- The recovery journey
- Companionship
- Self-care
- The role of community in mental health recovery

Each topic is explored from a psychological, social, and theological perspective. Additionally, each session is accompanied by a compelling film featuring the story of an individual who has journeyed through mental health challenges as a person of faith.

Corin Pilling, National Director, Sanctuary UK
corin@sanctuarymentalhealth.org

Resilience, Trauma and Pastoral Recovery: A briefing for faith communities

The Guild of Health and St Raphael are pleased to launch a new report in association with Faith Action, that explores the impact of trauma in relation to the Covid-19 pandemic on our communities and provides advice and guidance for faith leaders in how to draw up effective, evidence-based plans for helping communities to recover.

For over 100 years, [The Guild of Health and St Raphael](#) has been talking about the importance of the healing ministry for the mission of the

church. Just before the pandemic, we had decided to focus our work with churches in the [Healthy Healing Hub project](#) to train, resource, and network churches to be hubs for healing for the whole community by teaching on healing, elevating the healing potential of pastoral ministry and outreach, and encouraging the value of local partnerships. The link to the Report: [Resilience, Trauma and Pastoral Recovery: A briefing for faith communities - GoHealth](#)

GENERAL INFORMATION

Mental Health Awareness Week **9-15 May 2022 - Loneliness**

Hosted by the Mental Health Foundation

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week/event-map>

Mental Health Awareness Week is an annual event when there is an opportunity for the whole of the UK to focus on achieving good mental health. The Mental Health Foundation started the event 21 years ago. Each year the Foundation continues to set the theme, organise and host the week. The event has grown to become one of the biggest awareness weeks across the UK and globally.

Why loneliness?

Loneliness is affecting more and more of us in the UK and has had a huge impact on our physical and mental health during the pandemic. Our connection to other people and our community is fundamental to protecting our mental health and we need to find better ways of tackling the epidemic of loneliness. We can all play a part in this.

So, in May 2022, we will be raising awareness of the impact of loneliness on our mental wellbeing and the practical steps we can take to address it.

Reducing loneliness is a major step towards a mentally healthy society.

[Read more about the theme](#)

JUNE 2022 IS A MONTH OF AWARENESS RAISING AND CELEBRATION

THE MONTH OF COMMUNITY

The Month of Community is a time when we come together to celebrate everything that makes our communities great. It's an opportunity to bring our neighbourhoods closer, give back, and shine a light on the amazing communities we live in.

There's a big splash at the beginning of June with The Big Lunch (and Big Jubilee Lunch), Neighbourhood Watch Week and Volunteers Week, but the fun continues throughout the Month of Community as we get together to share friendship, have fun and support a variety of charities and causes.

Last year, over 15 million people took part in the first ever Month of Community, so don't miss out, [join in this June](#) - whether you want to say cheers to volunteers, connect with your neighbours, support a cause you care about, or simply to say thank you, it's all part of the Month of Community!

CLICK ON [Month of Community | Eden Project Communities](#) to find out more and how you can participate

What is Loneliness Awareness Week?

Hosted by Marmalade Trust, Loneliness Awareness Week is an annual campaign which raises awareness of loneliness and gets people talking about it.

Marmalade Trust is the UK's leading loneliness charity for all ages and the only charity in the world specifically dedicated to raising awareness of loneliness. We launched Loneliness Awareness Week (LAW) in 2017, and each year, it grows in momentum. We want to encourage people to see loneliness as a blank canvas on which they can fill their lives with new friends and experiences – and we're here to help them do it.

Our aim is simple: to reduce the stigma of loneliness and encourage people to talk more openly about it.

When is Loneliness Awareness Week?

This year's Loneliness Awareness Week will take place between the 13th – 17th June 2022.

How to get involved in Loneliness Awareness Week.

To get involved in this year's Loneliness Awareness Week campaign, head to <http://www.marmaladetrust.org/law> , or to find out more via social media it's @marmaladetrust .

The image is a promotional poster for a 'Thought Leader Talk' event. At the top left, there is a logo for 'CONNECTING GENERATIONS' with a stylized 'G' icon. The title 'Thought Leader Talk' is prominently displayed in white text on a blue background. Below the title, the main topic is 'Bridging the gap in a post-Brexit/post-Covid society'. The speaker is identified as 'Professor Jane Falkingham OBE' with a small portrait photo of her. Below her name, it says 'With panel discussion + audience Q&A'. At the bottom left, there is a large white arrow graphic pointing right. At the bottom center, the date and time are listed: 'Monday 25 April 2022 | 2-3pm GMT | Online'. The background features a blue gradient and some abstract white and blue shapes.

Event Location: **Free online**

Registration:

<https://www.eventbrite.co.uk/e/thought-leader-talk-bridging-the-gap-in-a-post-brexit-post-covid-society-tickets-311021542807>

Issues of generational connection have been thrown into sharper focus by Brexit and the Covid-19 pandemic. Changes in economic, social and family life are also taking place within the wider context of environmental degradation and climate change. The benefits for present generations may stand in conflict with the inheritances of future generations. This has complex and wide-reaching implications for generational fairness and intergenerational justice and solidarity.

DISCLOSURE SCOTLAND

Disclosure in Scotland is changing! As you may be aware, the Scottish Parliament passed the Disclosure (Scotland) Act 2020. The Act builds on and improves current disclosure legislation by introducing some changes to the current disclosure system. These changes will be implemented in phases with full commencement expected in 2024. One of the key changes will be a change to the definition of a protected adult in the scheme, moving away from a definition that is solely based on the service provided to people and towards a definition that will be guided by the characteristics of the individual who is in receipt of the service.

In order for us to get this right we're looking for some help. We are running sessions which will look to examine the possible impacts this change to the definition of a protected adult may have on your sector, organisation or even specific roles within your organisation. We are inviting you specifically to these sessions as we believe you're an experienced and knowledgeable practitioner and that your work with Faith in Older People means that you will be well placed to provide the support we need to help us get this right.

The sessions will focus on the following key changes –

- Age of protected adult raised to 18 and the impact this will have
- Change to focus from solely focusing on the service received to also considering the individual's characteristics
- List of the characteristics contained within the new Act

The consultations are being held remotely via Microsoft Teams from 10.00 am – 12.00 pm on the following dates and can be booked by following the links below to each session:

[Wednesday April 20th](#)

[Thursday April 21st](#)

[Wednesday April 27th](#)

[Thursday April 28th](#)

Paul McCann, Customer Engagement Manager, Disclosure Scotland



<https://voluntaryhealthscotland.cmail19.com/t/ViewEmail/j/BCD312F15D52AF9A2540EF23F30FED/61DD1FC7168208E62A1BF84ACBDD178B?alternativeLink=False>



Manifesto for the 2022
Local Government Elections
[View the manifesto here](#)

The Scottish Older People's Assembly has published its manifesto for the 2022 Scottish Local Government Elections. SOPA asks that candidates prioritise the following requests to ensure that older people can live well and contribute fully to their communities:

- Support the appointment of an Older People's Champion in every local authority
- Create Age-friendly Communities

- Deliver affordable digital inclusion for older people
- Encourage take up of pension credit
- Support to live independently at home

Please share the manifesto with candidates standing in your local area.

To find out more about SOPA visit www.scotopa.org.uk

SOPA Newsletter

DEPARTMENT OF WORK AND PENSIONS

Baroness Neville-Rolfe DBE CMG has been appointed to prepare an independent report making recommendations to the government on what metrics should be taken into account when setting the State Pension age in future. Read the [terms of reference](#) for the independent report for the second review of the State Pension age, which includes:

- a consideration of recent trends in life expectancy in every part of the United Kingdom;
- whether it remain right for there to be a fixed proportion of adult life people should, on average, expect to spend over State Pension age;
- what metrics would enable State Pension costs, and the importance of sharing these fairly between generations, to be taken into account when making State Pension age decisions; and
- what additional or alternative metrics would be appropriate to take into account when making State Pension age decisions.

Baroness Neville-Rolfe and team will be visiting **Edinburgh on 5th May** and are looking to hold an **in-person roundtable** with local organisations. If you would be interested in attending such an event, please could you respond by 18th April 2022 in order for us to make arrangements and send invites.

If you are unable to attend the in-person event, the Call for Evidence forms an important part of the information gathering stage of the report and we would like to hear from as many people as possible. Please click [here](#) if you would like to contribute.

We welcome your support in sharing the publication with stakeholders, organisations, customers or members of the public who may wish to respond. The closing date for responses is 25 April 2022 – we look forward to hearing from you.

Independent State Pension Age Review Team

Adult Disability Payment pilot launch

The new Adult Disability Payment will open for applications on Monday 21 March for people living in three pilot areas.

People aged between 16 and state pension age who are disabled, have a long-term health condition or a terminal illness living in Dundee City, Perth and Kinross and Western Isles council areas can apply.

Adult Disability Payment will replace the UK Government's Personal Independence Payment (PIP) in Scotland.

People with ongoing awards of Personal Independence Payment and Disability Living Allowance do not need to make an application for Adult Disability Payment. Their awards will transfer to the Scottish social security system automatically from summer 2022.

Further council areas will be introduced in phases until Adult Disability Payment is rolled out nationally on 29 August 2022.

We would also be grateful for your help to spread the message. To help you do this we have created a number of resources. This includes social media images and leaflets that are available on [our website](#).

If you need any materials in alternative formats, would like to request print orders or would like to work with us to create something bespoke for the people you work with, you can email us at marketingmaterials@socialsecurity.gov.scot.

HOURGLASS

Hourglass, the charity dedicated to safer ageing and stopping abuse of older people, **are taking our services 24/7/365 as of today, Wednesday 16th March.** This is probably the most significant step for the charity since the launch of the helpline in 1997 and the roll out to NI, Scotland and Wales in 2014. This is a result of a 47% increase in calls answered and as much as 29% coming outside our normal business hours. Therefore, this new service will be a lifeline for at risk older people – but we need your help to promote it and keep it alive.

We would also be grateful if you could help us to promote the helpline number to your contacts by signposting it from any website you might have or including an update in your next newsletter. For reference - **The helpline number is 0808 808 8141.**

If you would like to understand more about how to spot the signs of abuse and the help and support that Hourglass can provide, we have organised a number of short free webinars. Please

email us at enquiries@wearehourglass.org for more details or [sign up to our newsletter](#) to get updates.

Veronica Gray

Deputy CEO, Director of Policy

www.wearehourglass.org



We can't tackle the abuse of older people alone! [Please sign up to our newsletter](#) to keep up to date with our work and support us wherever you can.



ALLIANCE

The ALLIANCE Weekly Bulletin

Wednesday 6 April

[The ALLIANCE Weekly Bulletin Wednesday 6 April - Health and Social Care Alliance Scotland \(alliance-scotland.org.uk\)](http://alliance-scotland.org.uk)

PIONEERING MINISTRY

Jonny Baker May 5th

author & leading CMS pioneer practitioner. There are two potential times for those interested both on May 5th. One in Dunbar the other in Edinburgh. Please bring a gang of folks!

https://www.eventbrite.co.uk/e/exploring-pioneer-practice-4-7-may-2022-tickets-272673472697?fbclid=IwAR184RMHvh9xhsWvAhkRSL4sDAE-1zli4G24K_yXGFBHDYaHNfjmZ70hsIE

Rachel Summers May 14th at Musselburgh

The Forest Church network is offering a morning's hands on training with Rachel Summers who is a leader in the Forest Church movement.

North Esk Church are kindly hosting this event. Again please sign up through eventbrite and come with a team of people. See the poster attached

<https://www.eventbrite.co.uk/e/forest-church-training-day-tickets-304223579917>

Any questions about either event contact:

Revd. Peter J. Wood

Pioneer & New Housing Co-ordinator for Lothian Presbytery

PWood@churchofscotland.org.uk

Update and Announcement: The Eric Liddell Community

Following internal discussions in our charity, our Board and Membership have agreed to change the name of the charity to **The Eric Liddell Community** - This new name will come into effect on the 1st April 2022.

The Eric Liddell Community builds on the incredible work and progress of the Eric Liddell Centre, but the new name and branding will allow us to grow our services further in the city of Edinburgh. As well as grow awareness of what we do and why we do it on a global stage, ensuring that Eric Liddell's remarkable legacy is sustained locally and internationally. I believe that this name represents our priorities for the future, as we continue on a journey and drive progress towards our **vision of a community where no one feels lonely or isolated.**

There's one thing this rebrand hasn't changed, however, and that is our commitment to delivering the vital services at our community hub and throughout Edinburgh and all our services: our Day Care Service for people living with dementia, our Carers Programme, Music Therapy, further Dementia & Community Support and our Befriending Service. Nor will it impact the café, opening times of the building or ability to hire our many wonderful spaces. But you will notice some changes to our signs, leaflets and at times, staff branded clothing too.

At last week's General Meeting, I also updated those present on our exciting plans for 2024, which are being developed under the title of the Eric Liddell 2024 Centenary Initiative. This initiative will recognise and celebrate the life, sporting and community service achievements of one of Scotland/UK's iconic figures, while establishing strong sporting, educational, community, business, cultural and international links associated with the 2024 Paris Olympics and beyond.

The delivery of this Initiative will also secure, cherish and celebrate the legacy of Eric Liddell for future generations throughout the world.

The following range of developments are being taken forward: -

- Development of the **Eric Liddell Cross Curricular Educational Resource** for schools
- **Celebrating the Centenary of Eric Liddell's Olympic Success** leading to 2024
- **The Eric Liddell Friendship/Centenary Games**
- Developing an **Annual Eric Liddell Day of Celebration**
- Development of an **Eric Liddell Exhibition**

I will arrange to provide you with further updates on these plans for 2024 and beyond, in the coming months.

We have also used this period of reflection to look to the future, at our priorities and how our name and branding helps to communicate and achieve this. With 2024, and the centenary of our namesake's gold medal, not far away, we have been reflecting on the incredible work and progress made at our community hub in Edinburgh. You can read more about what has been going on and the impact this has made on our [website](#). We are also developing a new and updated website which will be launched in the near future.

As a friend of the charity, I've included some of our new branding for your information and interest before it goes live. As you'll see, we've put community at the heart of our brand, because our community are at the heart of everything we do.

Thank you for being a part of the Eric Liddell Centre and I look forward to continuing to work with and for you as we move forward into a new era as the Eric Liddell Community.

John MacMillan
CEO

AGE SCOTLAND

Please click below to see Age Scotland's media guide to reporting on older people
[Media Guide | Age Scotland \(ageuk.org.uk\)](#)

EICSP
Edinburgh International Centre
for Spirituality and Peace



2022 EICSP Events

Further events will be added to the EICSP website once confirmed.

Please share with contacts who may be interested.

Online Zoom Forum: Dementia: Spiritual, Social, and Policy Perspectives
Wednesday 20 April 2022.

7pm-9pm (UK time).

Event Description: This Online Zoom Forum will discuss Dementia: Spiritual, Social, and Policy Perspectives

Has the 'hard-to-reach' label passed its sell-by date?

Rohini Sharma Joshi FICH, OBE

'Hard-to-reach' is a term widely used by organisations in equality strategy, despite being a phrase that can offend the very communities and groups they wish to reach
[1648816526383 \(licdn.com\)](#)

SCOTTISH CARE CONFERENCE - **Holding to the memory: a care chrysalis**

Below is the link to the keynote speech given by Donald Macaskill, CEO of Scottish Care
[Holding to the memory: a care chrysalis - Scottish Care](#)



The Edinburgh Interfaith Association is delighted to bring you 2 new programmes, 'EIFA Island Discs' and 'Faithful Fridays.' EIFA Island Discs with host the Rev Peter Fairbrother take you on a life journey with an Edinburgh religious leader representative through the music that influences their life. First up the Rev Maxwell Reay followed this week by Sheikh Hassan Rabbani on Wednesday at 1pm. All programmes are available to watch back on YouTube Channel [Edinburgh](#)

[Interfaith Association - YouTube](#) with links on our [Facebook](#) Page. www.facebook.com/EIFA.page

The second episode of Faith Full Fridays airs this Friday. During the series you will meet some very interesting faith leaders from the Edinburgh community. You will also meet three Mindfulness facilitators who conclude each programme with five minutes of mindfulness practice to help you relax and better appreciate the preceding message

Please tell your friends, share these programmes and subscribe to our YouTube channel.



Be part of the National Day for Older People

SILVER SUNDAY

2 OCTOBER 2022

Emerging from the shadow of the pandemic, we are excited to be looking ahead and making plans to hold the biggest celebration of older people yet.

So, if you haven't already, make sure **Silver Sunday on 2nd October** is firmly in your calendar and join us and thousands of others to celebrate older people this year!

[Download info pack](#)



Demystifying Death Week takes place next month (2-6 May). It is an opportunity for us to work together to create a more open and supportive culture in Scotland about death, dying, loss and care.

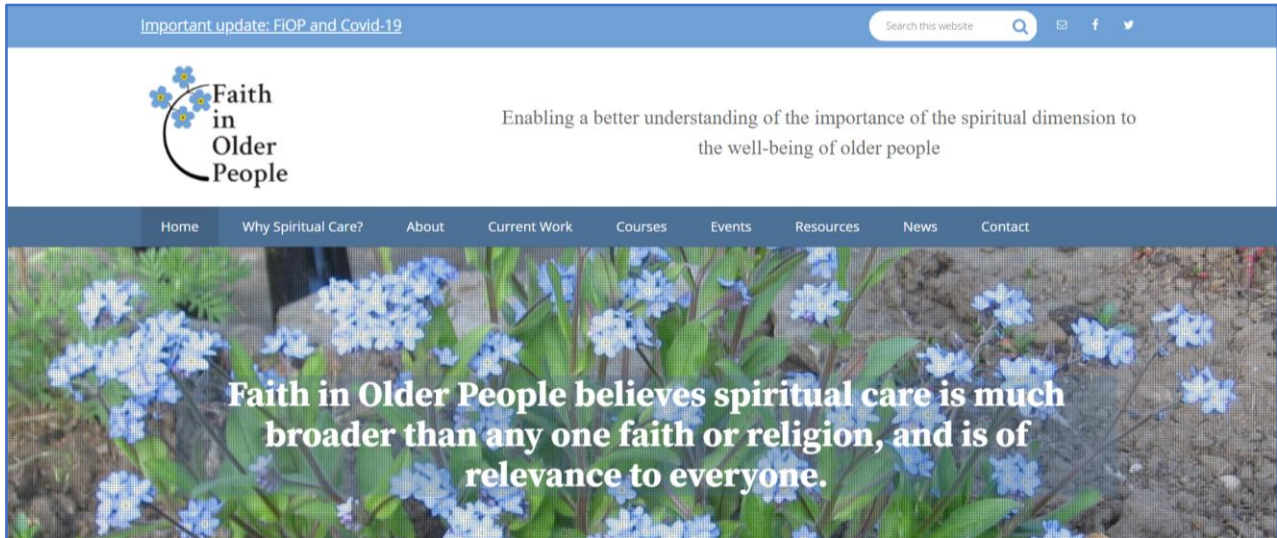
If you're planning to put on an event or activity, no matter how big or small, please [let us know](#) so we can share it on our website.

Read on to find out about ways to get involved and show support...

- [Event resources](#)
- [Show support over social media](#)
- [New leaflet available to order](#)
- [Promote bereavement-friendly workplaces](#)
- [Webinar: Bereavement in the workplace](#)

BOOKS and RESOURCES

Faith in Older People's website offers a full listing of resources, including a wide range of books at www.faithinolderpeople.org.uk



Topics include:

Ageing
Care Homes
Chaplaincy

Church and Dementia
Mental Health
Music

Palliative Care
Spiritual Education

BECOME A FRIEND OF FIOP

IF YOU HAVEN'T ALREADY - we'd like to ask you to become a FRIEND OF FIOP
An annual contribution of, say, £25 would make an enormous difference to our small organisation. As a Friend you will receive our regular eNewsletter and invitations to our regular events.

PLEASE CONTACT US FOR AN APPLICATION FORM – info@fiop.org.uk
You can find out more about our work on www.faithinolderpeople.org.uk

OUR GRATEFUL THANKS TO THOSE WHO PREVIOUSLY SIGNED UP

**IF YOU WISH TO UNSUBSCRIBE FROM OUR NEWSLETTER,
PLEASE EMAIL
info@fiop.org.uk**



Faith in Older People
Registered Company SC322915 Registered Charity SC038225
21a Grosvenor Crescent, EDINBURGH EH12 5EL
Email: info@fiop.org.uk Website: www.faithinolderpeople.org.uk